



# CANYON PARK NEWS

## Home of the Knights

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## SPIRIT WEEK

Spirit Week will be October 19th-23rd! Be on the lookout for more details about fun dress up days and a Zoom party!

## CURRICULUM NIGHT INVITATION TO FAMILIES - OCT 7TH

Canyon Park Middle Curriculum Night is next Wednesday, October 7, 2020. We will welcome all families during our live webinar (synchronous) event from 6:00-6:30 pm.

The agenda will be as follows:

6:00-6:30 pm - Live Community Welcome Webinar (Synchronous with CPMS Admin, Staff, PTSA, Natural Leaders- webinar, will be recorded)

6:30 pm onward - Teacher Welcomes - Families access teacher and department posted video presentations on Schoology.

6:00-7:00 pm - Need Guidance or Information? Open Zoom hosted by CPMS staff to assist families

## \*\*\*URGENT\*\*\* FREE AND REDUCED-PRICE MEALS

Don't Forget! Families must reapply every year to ensure that students receive free or reduced-price meals. Apply now for the 2020-21 school year!

The [online application](#) only takes a few minutes and is the fastest, easiest way to get approved. Paper applications are available. Parents wishing to have a paper application mailed to them should contact the Food Services office at 425-408-7657.

While Northshore is currently providing free meals, this support is made possible by temporary USDA funding. If this funding changes, the District may be required to charge families based on their current eligibility for meals. Have you applied for free and reduced-price meals this year?

If your family qualified last year, you need to reapply this year so your student receives free or reduced-price meals once the current free meals program ends. It is important to apply today so that your eligibility status doesn't lapse. If an application is not in process for a returning student by October 14, 2020, the student's account will automatically be transferred to a paid account on the next school day. Please know that the number of eligible students for free and reduced-price meals connects to the District's Title I funding, which provides additional support at schools to help students succeed.

Parents whose income falls within specified guidelines set by the U.S. Department of Agriculture should apply for free or reduced-price meals for their students. All students who qualify for reduced-price meals can receive breakfast at no charge. Students K-3 who qualify for reduced-priced meals also receive lunch at no charge. Additionally, if your family income has decreased, you may be eligible for free or reduced-price school meals.

If you qualify for Free or Reduced Meals you may also qualify for:

- School fee waivers (a fee waiver form must be completed, available in August).
- Reduced fee for Camp Cedar Springs
- Reduced fee for PSAT and Advanced Placement Testing
- Reduced fee for sports/athletics
- Reduced fee for summer school
- Access to Backpack Program, which provides backpacks and school supplies
- Access to Operation School Bell, which provides clothes and personal products
- Other services such as health insurance. Contact your school nurse for more information.

To find out if you are eligible and to apply online [visit our website](#). If you need help with the application process or have questions, please contact Eileen Jowell at 425-408-6324 or [ejowell@nsd.org](mailto:ejowell@nsd.org).

## COMMON VIDEO AGREEMENTS FOR REMOTE LEARNING

Families - we want to connect and support positive and connected classroom communities in the best way possible. When students have their camera on, teachers can read expressions on students' faces and clarify topics, provide feedback, and increase the overall connection among students in the classroom.

We encourage families to support their children in keeping their video on for the duration of the class. We understand that there are reasons why a student is not able to turn the video on, so it is expected that a student either emails or private chats a teacher if the video will remain off.

When videos are off, it is expected that students will display a current photo of themselves.

Students have reviewed these expectations with their teachers in class. Thank you!

## WAVE LEARNING FESTIVAL

Wave Learning Festival has a wide variety of free resources that we think could be particularly helpful to your students!

1. STEMtober: Every Saturday in October, we'll be focusing on a different STEM field for interested students who may not have had much exposure to STEM to explore! [www.wavelf.org/event-stemey](http://www.wavelf.org/event-stemey).
2. Academic tutoring begins on October 5. Students can drop in to receive curricular support from high-achieving high school and college students specializing in whatever subject is needed! [www.wavelf.org/tutoring](http://www.wavelf.org/tutoring) contains all the information for students to get involved.
3. If you're interested, we've recently put together a Wave Learning Festival Facebook community group for students, parents, and educators! Feel free to join and let your parents and students know about this way to get involved. Here's the Facebook link: [www.facebook.com/groups/wavelearningfestival](https://www.facebook.com/groups/wavelearningfestival)

## DRIVE THRU FLU SHOT CLINIC FOR STUDENTS AND FAMILIES

The Northshore School District and the Seattle Visiting Nurse Association are providing a Drive-Through Flu Shot Clinic for staff, students and families on Oct. 5 - 9 at the Northshore School District Administrative Center (3330 Monte Villa Pkwy, Bothell, WA 98021). All family and household members are welcome to attend. If you plan to bring other participants, please schedule for the same time slot. Anyone ages 4 and older can participate. Children ages 17 and younger require consent from their legal guardian in order to participate. Register and choose your 15-minute time slot by [visiting the Seattle Visiting Nurse Association website](#). If you cannot make your appointment, please cancel or reschedule via the confirmation email sent at the time of registration

## MENTAL HEALTH AWARENESS - ENDING THE SILENCE

On Saturday, October 10, our Student Services Department will host the National Alliance of Mental Illness (NAMI) Eastside for a mental health awareness presentation titled Ending the Silence. This virtual event is designed for all Northshore parents and guardians. The goal of this presentation is to support families, raise awareness about the warning signs of mental health conditions and what steps to take if you or a loved one are showing symptoms of a mental health condition. Space is limited, so please RSVP here: <https://www.eventbrite.com/e/nami-national-alliance-of-mental-illness-ending-the-silence-presentation-tickets-123411080865>

## COUNSELOR UPDATE

Please welcome Julie Brock and welcome back Lizzie Ward to Canyon Park's counseling team. Lizzie and Julie will be sharing students whose last names begin with A-G through the week. Please note the day each counselor is working at Canyon Park.

Counselor	Students with last names:	Counselor Email
Lizzie Ward (Monday, Tuesday, Wednesday)	A-G	eward@nsd.org
Julie Brock (Thursday, Friday)	A-G	jbrock@nsd.org
Elizabeth Methot	H-N	emethot@nsd.org
Paul Narancic	O-Z	pnarancic@nsd.org

## JOIN ASB

Calling all Canyon Park students! Next week, we will be accepting applications for new members of our Canyon Park ASB! We are accepting applications for: 7th and 8th Grade Team Ambassadors, as well as 6th Grade Representatives. The application process will be introduced during Homeroom on Monday, and applications must be digitally submitted by 3:30pm on 10/12.

## STUDENT PICTURES AND PLANNER DISTRIBUTION

**SCHOOL PICTURES** - Dorian will be on-site taking school pictures. Please be patient with this process as it will most likely move slower than our previous distribution days, but remember school pictures are always a highlight for students and families. Here are a few things to note:

- Have your student dress for the occasion.
- Students must wear their mask to the picture location, remove the mask for the picture, and then promptly put it back on.
- Students must follow all the directions of the greeters.
- Only students are allowed in the picture taking area. Non-students must remain in their car.
- Proper social distancing protocols will be strictly in place and enforced.
- Photos will occur in the gym; cars will enter the gym parking lot and will be directed where to go. Students will safely be escorted to the gym.
- *We encourage students to come during their allotted time as we cannot guarantee picture make-ups at this time.*
- If your student cannot be at CPMS at their assigned time, please contact Debbi Fisher at [dfisher@nsd.org](mailto:dfisher@nsd.org) to see if another time during the scheduled photo days is available. There will be a *limited* amount of flexibility.
- Students who have their photos taken will receive their student ID card immediately and have their photos included in the 2020-21 yearbook.
- Dorian has provided a link to order pictures (before picture day and up to 4 days after pictures). They will also provide written details on-site the day of school photos. You can bring in the picture packet that most families received during our materials distribution days or order online using the following link: <https://www.dorianstudio.com/pictureday/GGLWGZ6Q/>

Please see the schedule below (by students' last names)

### October 20<sup>th</sup> - 3:00 pm – 7:00 pm

3:00-3:20 pm	Abe-And
3:20-3:40 pm	Ano-Bel
3:40-4:00 pm	Ber-But
4:00-4:20 pm	Cab-Cla
4:20-4:40 pm	Clo-Dav
4:40-5:00 pm	Daz-Egg
5:20-5:40 pm	Ell-Fra
5:40-6:00 pm	Fre-Gom
6:00-6:20 pm	Gon-Har
6:20-6:40 pm	Hat-Hor
6:40-7:00 pm	Hou-Ji

### October 21<sup>st</sup> - 11:00 am – 5:00 pm

11:00-11:20 am	Joh-Kim
11:20-11:40 am	Kin-Lan
11:40 -12:00 pm	Lar-Lit
12:00-12:20 pm	Liu-Mas
12:20-12:40 pm	May-Mic
12:40-1:00 pm	Mil-Mys
1:00-1:20 pm	Nag-Omi
1:20-1:40 pm	Ort-Pen
1:40-2:00 pm	Per-Qui
2:30-2:55 pm	Rad-Ryo
2:55-3:20 pm	Sab-Sil
3:20-3:40 pm	Sim-Sut
3:40-4:00 pm	Swa-Tyl
4:00-4:20 pm	Udy-Was
4:20-4:40 pm	Wat-Wol
4:40-5:00 pm	Won-Zos

## PLANNER DISTRIBUTION

Students will receive their school planners when they come for school pictures. Student planners are a big part of helping students be successful in managing their classes.

## SOCK DRIVE

**WHEN:** October 19-23 (with Spirit Week)

**WHO:** Students, Staff, & Families

**WHAT:** Donate new pairs of socks

**WHERE:** Drop of sock donations @ CPMS on Tuesday, October 20th (3-7PM) and Wednesday, October 21st (11AM-5PM)

**HOW:** Donations will count towards a Homeroom competition with a prize for the HR that donates the most pairs of socks

**WHY:** All donated socks go to Threads & Treads for families in our community

## CURBSIDE LIBRARY BOOK PICK UP



**When:** Every Wednesday from 11AM-2PM

**Where:** Canyon Park Main Office – look for the yellow sign

**How:** Students need to go to the library catalog and place a hold on the title(s) they'd like and then complete the curbside pick-up form. An instructional video is linked under the "2020-2021 Live from the Library" section of my webpage and it was shown in all English classes. You will find the curbside pick-up form in the corresponding section on that same webpage. As long as you make your requests by 8AM Wednesday mornings, you can assume your books will be ready the same day!

**Questions:** email Mrs. Dodson – [ndodson@nsd.org](mailto:ndodson@nsd.org) Reminder: For the safety of all, you must wear a mask and please follow social distancing guidelines!

## CONTACT INFORMATION

Myra Arnone, Principal

- [marnone@nsd.org](mailto:marnone@nsd.org) 425.408.6305

Dave Watson, Assistant Principal - [dwatson2@nsd.org](mailto:dwatson2@nsd.org)  
425.408.6325

Eileen Jowell, Dean of Students - [ejowell@nsd.org](mailto:ejowell@nsd.org)  
425.408-6324

Kim Swanson, Office Manager

- [kswanson@nsd.org](mailto:kswanson@nsd.org) 425.408.6301

Jill Mildenhall, Registrar

- [jmildenhall@nsd.org](mailto:jmildenhall@nsd.org) 425.408.6318

Debbie Fisher, ASB - [dfisher@nsd.org](mailto:dfisher@nsd.org) 425.408.6303

Colette Puoci, Attendance

- [CPMSattendance@nsd.org](mailto:CPMSattendance@nsd.org) 425.408.6310

Lizzie Ward, Counselor - [eward@nsd.org](mailto:eward@nsd.org)

Julie Brock, Counselor - [jbrock@nsd.org](mailto:jbrock@nsd.org)

## CANYON PARK PTSA

### **Join PTSA**

During the month of October we're continuing our Membership Drive as we want and need our member numbers to increase. Why join PTSA? Why not?! The benefits of supporting your school's PTSA are endless. To learn more, and to join, visit: [cpptsa.org/membership/](https://cpptsa.org/membership/)

### **Be In The Know**

Find your Canyon Park Middle School PTSA at [cpptsa.org](https://cpptsa.org) & Facebook @[CanyonParkMSPTSA](https://www.facebook.com/CanyonParkMSPTSA)  
Visit our **Family Resources list!** A "one-stop-shop" for school and district information that can be found at [cpptsa.org/resources/](https://cpptsa.org/resources/). Do you have a question that we can help find the answer to? Ask us! [form.jotform.com/CPPTSA/QA](https://form.jotform.com/CPPTSA/QA).

### **Member Voice Matters**

Complete an [e-survey](#) regarding WSPTA legislative priorities. Your replies will help guide CPMS PTSA delegates when they vote at the upcoming WSPTA Legislative Assembly at the end of the month. HURRY! The survey closes next Friday (10/9). Be sure to check out the [WSPTA Voters' Guide](#) for info. on all the issues.

### **Threads & Treads (T&T)**

T&T is a free resource located at CPMS that provides NSD families gently used clothing for kids and parents. T&T is open for shopping every Wed. 3-6pm. T&T is in need of new socks & underwear in all sizes! Check out donating made easy with our [Amazon Wish List](#).  
Learn more about T&T: [cpptsa.org/programs-activities/threads-treads/](https://cpptsa.org/programs-activities/threads-treads/)

### **Reflections**

The Reflections Program is a National PTA cultural arts competition. Students of *all* ages and abilities can use their creative talents to express themselves through original works of art in relation to a theme. The 2020-2021 theme is: "I Matter Because...". Visit [this link](#) for information on how to participate!

### **Crossword Puzzle**

Want to check your answers to the Crossword Puzzle that was in your student's school supply bag? Check our website for the [answers](#).

## CPMS MUSIC NOTES

### **General Meeting**

If you have a student in a music class, you are a part of Boosters! Join the General Meeting, Monday, October 12, 7:30pm to learn more about what Boosters does to support music at CPMS and how you can be a part. Join Zoom Meeting

<https://us04web.zoom.us/j/71506464628?pwd=MGpzaEFzc0Y1VE42Y3Q0Y2RTSVBPUT09>.

Meeting ID: 715 0646 4628

Passcode: qTzg3k

### **Butterbraids Fundraiser**

Our annual Butterbraids fundraiser kicks off this week on Wednesday, October 7th and is running until Wednesday, October 28<sup>th</sup>. This fundraiser will be completely online and students will be receiving information on how to register soon. Funds raised help pay for virtual concerts, new instruments, field trips (which hopefully we'll be able to resume as our situation improves), scholarships, sheet music, specialist coaches, and more.

If you don't have a music student but still want Butterbraids, e-mail a music student or [cpmsmusicboosters@gmail.com](mailto:cpmsmusicboosters@gmail.com) to get your order in and get a head start on the holidays. Orders will be delivered on November 19<sup>th</sup>.

Sadly, we had to cancel our traditional Poinsettia fundraiser this year due to Covid and no access to school. Distributing poinsettias requires a warm room and a team of people, and cannot be done safely during the pandemic.

### *Volunteering Opportunities*

- We need you!! We are seeking a volunteer to lead *Communications* for CPMS Music Boosters. Job includes updating the CPMS Boosters website and Facebook page as well as "Music Notes" for CPMS Newsletter. Contact [cpmsmusicboosters@gmail.com](mailto:cpmsmusicboosters@gmail.com) if you are interested and would like information.

### *Upcoming Important Dates*

- October 12, 7:30pm CPMS Boosters General Meeting, email [cpmsmusicboosters@gmail.com](mailto:cpmsmusicboosters@gmail.com)
- October 7-28, Butterbraids Fundraiser